

Play Therapy Training

- Understanding Ableism and Neurodiversity in Play Therapy 2021
- Attachment Centered Play Therapy 2021
- Assessment and Treatment Planning in Play Therapy 2021
- Embracing the Healer in you: Diving into the Embodied Mind of the Helper in Play Therapy 2021
- Family Play Therapy 2021
- Introduction to Play Therapy 2021
- Non-Directive Play Therapy 2021
- Filial Play Therapy 2021
- Theraplay as a Play Therapy Model 2021
- Treating Trauma in Play Therapy 2021
- Understanding Trauma in Play Therapy 2021
- Decolonizing Play Therapy with BC Play Therapy Association 2021
- Aggression: Art and Sand in Synergetic play therapy 2022
- Synergetic Play Therapy and teleplay 2022
- Attachment and Attunement in SPT 2022
- Understanding Attachment and the Self-Object in SPT 2022
- Intro to Synergetic Play Therapy 2022
- Understanding the Nervous System SPT 2022
- SPT and Understanding the Projection Process 2022
- Symptoms in the playroom SPT 2022
- Understanding what Regulation is and what Regulation isn't SPT 2022
- Working with Caregivers SPT 2022
- SPT foundations 2022
- SPT Planes of Possibility, Peaks, and Plateaus 2022
- SPT Memory, Narratives and Rewiring through Vagus Nerve 2022
- SPT Emotions and the Mind
- SPT 4.5 day Retreat Intensive 2023
- SPT Sensory Processing Disorder and Attachment in the Playroom 2023
- Directive SPT with Groups, Family, Teen, Sibling and Adult 2023
- SPT Endings and Transitions in Play Therapy 2023
- SPT Recognizing Empowerment in Play Therapy 2023
- SPT 21 hours Play Therapy Observations 2022-23
- Working with Siblings in Play Therapy 2023
- Working with Resistant Parents 2023

- Working with Parents in the Playroom 2023
- Helping Children through Divorce and Separation in the Playroom 2023
- Nourishing the Self through Sand Play Marie Jose 2024
- AutPlay certification 2025
- Intro to AutPlay 2025
- Canadian Association for Play Therapy Conference and workshops 2 days 2025
- SPT Recert 4.5 day Retreat 2026
- The Power of PDA- Intro to Play Therapy with PDA clients 2026

Therapy Trainings

- Masterclass Series on Historical Trauma & Strategies Across the Life Span 2021
- Trauma Healing “The Body Keeps the Score” with Bessel van der Kolk 2021
- Dan Siegel’s Interpersonal Neurobiology 2021
- Trauma Informed Practice Training: Level 1, 2, and 3, 2025